

Role of Vertebral Endplates in Lumbar Disease

1. True or false. Low back pain is becoming one of the most diffuse chronic pathologies and represents one of the highest direct and indirect costs for national welfare.
 - a. True
 - b. False
2. According to the text, what percentage of spine disease is located in the lumbar spine?
 - a. 80%
 - b. 85%
 - c. 90%
 - d. 95%
3. The lumbar spine structure bears at least _____ of the total body mass.
 - a. 55%
 - b. 60%
 - c. 65%
 - d. 70%
4. The sacrum consists of _____ vertebrae fused together.
 - a. 3
 - b. 4
 - c. 5
 - d. 6
5. Between each vertebra, there is a _____ that serves to cushion the vertebrae.
 - a. Disc
 - b. Nerve
 - c. Cartilage
 - d. Endplate
6. True or false. The vertebral disc and the surface of the vertebra are separated by a cartilaginous endplate which is the interface that avoids direct contact between the two components.
 - a. True
 - b. False